



**INTERNATIONAL
DANCE
FEDERATION
TECHNICAL RULES**

**DISCIPLINE:
FANTASY SHOW**

SECTION 1

CATEGORIES:

- *FANTASY SHOW SOLO (Male – Female)*
- *FANTASY SHOW COUPLE (two (2) dancers: one (1) Male and one (1) Female)*
- *FANTASY SHOW DUO (two (2) dancers: both Males or both Females)*
- *FANTASY SHOW SMALL-GROUP (between three (3) and seven (7) dancers)*
- *FANTASY SHOW FORMATION (between eight (8) and twenty four (24) dancers)*

SECTION 2

FANTASY SHOW SOLO

(Solo Male – Solo Female)

1. INTRODUCTION

- 1.1 For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY;

2. AGE CATEGORIES

- 2.1 Age categories are divided as follows:

- **MINI:** All dancers from the age of six (6) to the age of nine (9) (defined by calendar year);
- **YOUTH:** All dancers from the age of ten (10) to the age of thirteen (13) (defined by calendar year);
- **JUNIOR:** All dancers from the age of fourteen (14) to the age of sixteen (16) (defined by calendar year);
- **ADULT:** All dancers from the age of seventeen (17) (defined by calendar year);

- 2.2 Dancer's age is considered with referral to the calendar year (1st January - 31st December). Dancer who participates in Ranking Competition that starts in October will be considered with referral to the following calendar year (which means 1 (one) year older);

- 2.3 Having reached the age limit for each category, dancers pass to the older category automatically.

3. MUSIC DURATION

- 3.1 Duration of music pieces must be as follows:

- **MINI:** Track duration from 1'.15 to 1'.45"
- **YOUTH:** Track duration from 1'.15 to 1'.45"
- **JUNIOR:** Track duration from 1'.15 to 1'.45"
- **ADULT:** Track duration from 1'.15 to 1'.45"

- 3.2 Dancers use their own music piece which must be in accordance with the following requirements:

- Recorded only and exclusively on CD;
- Containing only 1 (one) good quality music piece on each CD;
- In accordance with duration limits for each age category; **no exceptions will be respected;**
- Visibly exposing dancer's: Start Number, Nationality, Name of a Club/School, Title of the Presentation, Duration, Name and Surname, Discipline, Age and Dance Category;

- 3.3 In the case when music duration is not respected, **the dancer will be immediately disqualified.**

4. EXECUTION OF COMPETITION

- 4.1 Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;
- 4.2 **Competition Director, whenever necessary**, applies modifications to execution of the Competition;
- 4.3 **Use of set (stage decorations), accessories and props is allowed, but not obligatory. The decorations need to be a part of the choreography. The decorations may not exceed the following dimensions: width 1,50m, height 1,90m and depth 1,00m.**
Dancers are obliged to set up their decorations on stage THEMSELVES with the possibility of one/two people to be helping them when leaving the stage.

5. CHARACTERISTICS

- 5.1 The choreographed piece may be composed of any of the existing dance genres as well as present imaginary movements (without use of particular dance technique).
- 5.2 Through his/her choreographed piece dancer should perform a story. The story should have its beginning and its end. It should also express dancer's emotions. Dancer may present comic or mimed scenes.
- 5.3 It is important so dancer dances 'in time'. It means that he/she follows beats or musical melody. It is allowed to include parts of the choreography without music accompaniment.
- 5.4 Dancer is allowed to execute acrobatic elements. There are no restrictions regarding the acrobatic elements executed by Youth, Junior or Adult dancers. All acrobatic elements may be performed.
Dancer who participates in Mini age category is allowed to perform only the gymnastic and acrobatic elements described in the IDF Technical Booklet "Safety Level MINI". In the case when the rule is not respected, the dancer will be immediately disqualified. Execution of acrobatic elements is optional and should not influence adjudication.

6. EVALUATION AND PENALTIES

- 6.1 Evaluation is expressed in points, from one (1) to thirty (30). Adjudicators consider the following components:
 - **INTERPRETATION** from one (1) to fifteen (15) points
 - **CHOREOGRAPHY** from one (1) to ten (10) points
 - **TECHNIQUE** from one (1) to five (5) points
- 6.2 The parameter **Interpretation** is expressed by: dancer's ability to follow the **musical phrases and express them through his/her body motion**; ability to apply adequate movements and technical elements in accordance with music; dancer's ability to transfer the meaning of the story and show expressiveness and emotions;
- 6.3 The parameter **Choreography** is expressed by: distribution of figures and movements in accordance with dance context, costumes and originality of music using the whole space with its horizontals, verticals and diagonals;
- 6.4 The parameter **Technique** is expressed by: execution of the dance style/s, execution of figures, technical elements and movements (position, elegance, timing and balance);
- 6.5 All dancers wearing vulgar and/or provocative costumes will be penalised. This rule applies to all categories with minor tolerance to the inferior ones.

7. BEHAVIOURAL NORMS FOR DANCERS

- 7.1 In order to present dance technique and choreography, a dancer should use her/his own personal and general space;
- 7.2 Dancer must not approach the Adjudicators while performing. In order to visualise dancer's space dance-floor will be appropriately marked;
- 7.3 Dancer's start number needs to be clearly visible;

- 7.4 Costume needs to be appropriate to music and choreography;
- 7.5 During Competition dancers are prohibited to chew chewing gum;
- 7.6 During Competition dancers **are strictly prohibited** to ask any explanations from the **Adjudicators** or the **Competition Director**.

8. BEHAVIOURAL NORMS FOR TEACHERS - GROUP LEADERS - TEAM/CLUB LEADERS

- 8.1 During Competition teachers, group leaders and team/club leaders **are strictly prohibited** to ask any explanations from the **Adjudicators**. All explanations, information or complaints may be discussed with the **Competition Director**, according to appropriate rules that concern execution of Competition.

SECTION 3

FANTASY SHOW COUPLE

(Male and Female)

1. INTRODUCTION

- 1.1 For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY.

2. FANTASY SHOW COUPLE

- 2.1 Fantasy Show Couple is composed of two (2) dancers where one (1) is male and the other one is female.

3. AGE CATEGORIES

- 3.1 Age categories are divided as follows:

- **MINI:** All dancers from the age of six (6) to the age of nine (9) (defined by calendar year);
- **YOUTH:** All dancers from the age of ten (10) to the age of thirteen (13) (defined by calendar year);
- **JUNIOR:** All dancers from the age of fourteen (14) to the age of sixteen (16) (defined by calendar year);
- **ADULT:** All dancers from the age of seventeen (17) (defined by calendar year);

- 3.2 Dancer's age is considered with referral to the calendar year (1st January - 31st December). Dancer who participates in Ranking Competition that starts in October will be considered with referral to the following calendar year (which means 1 (one) year older);

- 3.3 Having reached the age limit for each category, dancers pass to the older category automatically;

- 3.4 In the case of a couple from mixed age categories (eg. one (1) Youth and one (1) Junior), the couple must participate in the older category;

- 3.5 All dancers may only participate in one age category. However, they may participate in several dance categories (eg. couples/duos etc.).

4. MUSIC DURATION

- 4.1 Duration of music pieces must be as follows:

- **MINI:** Track duration from 1'.30' to 2'.00"
- **YOUTH:** Track duration from 1'.30' to 2'.00"
- **JUNIOR:** Track duration from 1'.30' to 2'.00"
- **ADULT:** Track duration from 1'.30' to 2'.00"

- 4.2 Dancers use their own music piece which must be in accordance with the following requirements:

- Recorded only and exclusively on CD;
- Containing only 1 (one) good quality music piece on each CD;
- In accordance with duration limits for each category; **no exceptions will be respected;**
- Visibly exposing couple's: Start Number, Nationality, Name of a Club/School, Title of the Presentation, Duration, Name and Surname, Discipline, Age and Dance Category;

- 4.3 In the case when music duration is not respected, the couple will be **immediately disqualified.**

5. EXECUTION OF COMPETITION

- 5.1 Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;
- 5.2 **Competition Director, whenever necessary**, applies modifications to execution of the Competition;
- 5.3 **Use of set (stage decorations), accessories and props is allowed, but not obligatory. The decorations need to be a part of the choreography. The decorations may not exceed the following dimensions: width 1,50m, height 1,90m and depth 1,00m. Dancers are obliged to set up their decorations on stage THEMSELVES with the possibility of one/two people to be helping them when leaving the stage.**

6. CHARACTERISTIC MOVEMENTS

- 6.1 The choreographed piece may be composed of any of the existing dance genres as well as present imaginary movements (without use of particular dance technique).
- 6.2 Through their choreographed piece dancers should perform a story. The story should have its beginning and its end. It should also express dancers' emotions.
- 6.3 It is important so dancers dance 'in time'. It means that they follow beats or musical melody. It is allowed to include parts of the choreography without music accompaniment.
- 6.4 Dancers are allowed to execute acrobatic elements. There are no restrictions regarding the acrobatic elements executed by Youth, Junior or Adult dancers; all acrobatic elements may be performed.
Dancers who participate in Mini age category are allowed to perform only the gymnastic and acrobatic elements described in the IDF Technical Booklet "Safety Level MINI". In the case when the rule is not respected, the couple will be immediately disqualified. Execution of acrobatic elements is optional and should not influence adjudication.
- 6.5 Supports and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the other partner's head;**

7. EVALUATION AND PENALTIES

- 7.1 Evaluation is expressed in points, from one (1) to forty (40). Adjudicators consider the following components:
 - **Interpretation** **from one (1) to fifteen (15) points**
 - **Choreography** **from one (1) to ten (10) points**
 - **Synchronism** **from one (1) to ten (10) points**
 - **Technique** **from one (1) to five (5) points**
- 7.2 The parameter **Interpretation** is expressed by: dancers' ability to follow the **musical phrases and express them through their body motion**; ability to apply adequate movements, technical elements, supports and lifts in accordance with music; dancers' ability to transfer the meaning of the story and show expressiveness and emotions;
- 7.3 The parameter **Choreography** is expressed by: distribution of figures and movements in accordance with dance context, costumes and originality of music using the whole space with its horizontals, verticals and diagonals;
- 7.4 The parameter **Synchronism** is expressed by similarity of figures and body movements of both dancers (legs, shoulders and upper body);
- 7.5 The parameter **Technique** is expressed by: execution of the dance style/s, execution of figures, movements and technical elements (position, elegance, timing and balance), execution of lifts and supports and security while executing lifts and supports;
- 7.6 All dancers wearing vulgar and/or provocative costumes will be penalised. This rule applies to all categories with minor tolerance to the inferior ones.

8. BEHAVIOURAL NORMS FOR DANCERS

- 8.1** In order to present dance technique and choreography, a couple should use its own personal and general space;
- 8.2** Couple must not approach the Adjudicators while performing. In order to visualise dancers' space dance-floor will be appropriately marked;
- 8.3** Couple's start number needs to be clearly visible;
- 8.4** Costumes need to be appropriate to music and choreography;
- 8.5** During Competition dancers are prohibited to chew chewing gum;
- 8.6** During Competition dancers **are strictly prohibited** to ask any explanations from the **Adjudicators** or the **Competition Director**.

9. BEHAVIOURAL NORMS FOR TEACHERS - GROUP LEADERS - TEAM/CLUB LEADERS

- 9.1** During Competition teachers, group leaders and team/club leaders **are strictly prohibited** to ask any explanations from the **Adjudicators**. All explanations, information or complaints may be discussed with the **Competition Director**, according to appropriate rules that concern execution of Competition.

SECTION 4

FANTASY SHOW DUO

(Both Males or Both Females)

1. INTRODUCTION

- 1.1 For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY.

2. FANTASY SHOW DUO

- 2.1 **Fantasy Show Duo** is composed of two (2) dancers where both of them are males or both are females.

3. AGE CATEGORIES

- 3.1 Age categories are divided as follows:
- **MINI:** All dancers from the age of six (6) to the age of nine (9) (defined by calendar year);
 - **YOUTH:** All dancers from the age of ten (10) to the age of thirteen (13) (defined by calendar year);
 - **JUNIOR:** All dancers from the age of fourteen (14) to the age of sixteen (16) (defined by calendar year);
 - **ADULT:** All dancers from the age of seventeen (17) (defined by calendar year)
- 3.2 Dancer's age is considered with referral to the calendar year (1st January - 31st December). Dancers who participate in Ranking Competition that starts in October will be considered with referral to the following calendar year (which means 1 (one) year older);
- 3.3 Having reached the age limit for each category, dancers pass to the older category automatically;
- 3.4 In the case of having a duo from mixed age categories (eg. one (1) Youth and one (1) Junior), the duo must participate in the older category;
- 3.5 All dancers may only participate in one age category. However, they may participate in several dance categories (eg. couples/duos etc.)

4. MUSIC DURATION

- 4.1 Duration of music pieces must be as follows:
- **MINI:** Track duration from 1'.30' to 2'.00"
 - **YOUTH:** Track duration from 1'.30' to 2'.00"
 - **JUNIOR:** Track duration from 1'.30' to 2'.00"
 - **ADULT:** Track duration from 1'.30' to 2'.00"
- 4.2 Dancers use their own music piece which must be in accordance with the following requirements:
- Recorded only and exclusively on CD;
 - Containing only 1 (one) good quality music piece on each CD;
 - In accordance with duration limits for each category; **no exceptions will be respected;**
 - Visibly exposing duo's: Start Number, Nationality, Name of a Club/School, Title of the Presentation, Duration, Name and Surname, Discipline, Age and Dance Category;
- 4.3 In the case when music duration is not respected, the duo will be **immediately disqualified.**

5. EXECUTION OF COMPETITION

- 5.1 Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;
- 5.2 **Competition Director, whenever necessary**, applies modifications to execution of the Competition.
- 5.3 **Use of set (stage decorations), accessories and props is allowed, but not obligatory. The decorations need to be a part of the choreography. The decorations may not exceed the following dimensions: width 1,50m, height 1,90m and depth 1,00m.**
Dancers are obliged to set up their decorations on stage THEMSELVES with the possibility of one/two people to be helping them when leaving the stage.

6. CHARACTERISTICS

- 6.1 The choreographed piece may be composed of any of the existing dance genres as well as present imaginary movements (without use of particular dance technique).
- 6.2 Through their choreographed piece dancers should perform a story. The story should have its beginning and its end. It should also express dancers' emotions.
- 6.3 It is important so dancers dance 'in time'. It means that they follow beats or musical melody. It is allowed to include parts of the choreography without music accompaniment.
- 6.4 Dancers are allowed to execute acrobatic elements. There are no restrictions regarding the acrobatic elements executed by Youth, Junior or Adult dancers. All acrobatic elements may be performed.
Dancers who participate in Mini age category are allowed to perform only the gymnastic and acrobatic elements described in the IDF Technical Booklet "Safety Level MINI". In the case when the rule is not respected, a duo will be immediately disqualified. Execution of acrobatic elements is optional and should not influence adjudication.
- 6.5 Supports and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the other partner's head;**

7. EVALUATION AND PENALTIES

- 7.1 Evaluation is expressed in points, from one (1) to forty (40). Adjudicators consider the following components:
- **Interpretation** **from one (1) to fifteen (15) points**
 - **Choreography** **from one (1) to ten (10) points**
 - **Synchronism** **from one (1) to ten (10) points**
 - **Technique** **from one (1) to five (5) points**
- 7.2 The parameter **Interpretation** is expressed by: dancers' ability to follow the **musical phrases and express them with their body motion**; ability to apply adequate movements, technical elements, supports and lifts in accordance with music; dancers' ability to transfer the meaning of the story and show expressiveness and emotions;
- 7.3 The parameter **Choreography** is expressed by: distribution of figures and movements in accordance with dance context, costumes and originality of music using the whole space with its horizontals, verticals and diagonals;
- 7.4 The parameter **Synchronism** is expressed by similarity of figures and body movements of both dancers (legs, shoulders and upper body);
- 7.5 The parameter **Technique** is expressed by: execution of the dance style/s, execution of figures, movements and technical elements (position, elegance, timing and balance), execution of lifts and supports and security while executing lifts and supports;
- 7.6 All dancers wearing vulgar and/or provocative costumes will be penalised. This rule applies to all categories with minor tolerance to the inferior ones.

8. BEHAVIOURAL NORMS FOR DANCERS

- 8.1** In order to present dance technique and choreography, a duo should use its own personal and general space;
- 8.2** Duo must not approach the Adjudicators while performing. In order to visualise dancers' space dance-floor will be appropriately marked;
- 8.3** Duo's start number needs to be clearly visible;
- 8.4** Costumes need to be appropriate to music and choreography;
- 8.5** During Competition dancers are prohibited to chew a chewing gum.
- 8.6** During Competition dancers **are strictly prohibited** to ask any explanations from the **Adjudicators** or the **Competition Director**.

9. BEHAVIOURAL NORMS FOR TEACHERS - GROUP LEADERS - TEAM/CLUB LEADERS

- 9.1** During Competition teachers, group leaders and team/club leaders **are strictly prohibited** to ask any explanations from the **Adjudicators**. All explanations, information or complaints may be discussed with the **Competition Director**, according to appropriate rules that concern execution of Competition.

SECTION 5

FANTASY SHOW SMALL-GROUP

(between three (3) and seven (7) dancers)

1. INTRODUCTION

- 1.1 For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY.

2. FANTASY SHOW SMALL-GROUP

- 2.1 Small-group is composed of minimum number of **three (3)** and maximum number of **seven (7)** dancers.

3. AGE CATEGORIES

- 3.1 Age categories are divided as follows:

- **MINI:** All dancers from the age of six (6) to the age of nine (9) (defined by calendar year);
- **YOUTH:** All dancers from the age of ten (10) to the age of thirteen (13) (defined by calendar year);
- **JUNIOR:** All dancers from the age of fourteen (14) to the age of sixteen (16) (defined by calendar year);
- **ADULT:** All dancers from the age of seventeen (17) (defined by calendar year);

- 3.2 Small-groups registered in Youth – Junior – Adult categories may include dancers from younger age groups;

- 3.3 In the age category Mini there can be one (1) dancer who is ten (10) years old;

- 3.4 All clubs are allowed to nominate more than 1 (one) choreographed piece; one or more dancers may be nominated and perform both in small-groups and formations;

- 3.5 **One or more dancers are not allowed to be nominated and perform in two (2) or more small-groups;**

- 3.6 **One or more dancers are not allowed to be nominated and perform in 2 (two) or more formations.**

4. MUSIC DURATION

- 4.1 Duration of music pieces must be as follows:

- **MINI:** Track duration from 2'.00" to 2'.30"
- **YOUTH:** Track duration from 2'.00" to 2'.30"
- **JUNIOR:** Track duration from 2'.00" to 2'.30"
- **ADULT:** Track duration from 2'.00" to 2'.30"

- 4.2 A small-group uses its own music piece which must be in accordance with the following requirements:

- Recorded only and exclusively on CD;
- Containing only 1 (one) good quality music piece on each CD;
- In accordance with duration limits for each category; **no exceptions will be respected;**
- Visibly exposing dancer's: Start Number, Nationality, Name of a Club/School, Title of the Presentation, Duration, Name and Surname, Discipline, Age and Dance Category;

- 4.3 In the case when music duration is not respected, the small-group will be **immediately disqualified.**

5. EXECUTION OF COMPETITION

- 5.1 Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;
- 5.2 **Competition Director, whenever necessary**, applies modifications to execution of the Competition;
- 5.3 **Use of set (stage decorations), accessories and props is allowed, but not obligatory. The decorations need to be a part of the choreography. The decorations may not exceed the following dimensions: width 2,00m, height 2,50m and depth 1,00m. Dancers are obliged to set up their decorations on stage THEMSELVES with the possibility of one/two people to be helping them when leaving the stage.**

6. CHARACTERISTICS

- 6.1 The choreographed piece may be composed of any of the existing dance genres as well as present imaginary movements (without use of particular dance technique).
- 6.2 Through their choreographed piece dancers should perform a story. The story should have its beginning and its end. It should also express dancers' emotions.
- 6.3 It is important so dancers dance 'in time'. It means that they follow beats or musical melody. It is allowed to include parts of the choreography without music accompaniment.
- 6.4 Dancers are allowed to execute acrobatic elements. There are no restrictions regarding the acrobatic elements executed by Youth, Junior or Adult dancers. All acrobatic elements may be performed.
Dancers who participate in Mini age category are allowed to perform only the gymnastic and acrobatic elements described in the IDF Technical Booklet "Safety Level MINI". In the case when the rule is not respected, the small group will be immediately disqualified. Execution of acrobatic elements is optional and should not influence adjudication.
- 6.5 Supports and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the other partner's head;**

7. EVALUATION AND PENALTIES

- 7.1 Evaluation is expressed in points, from one (1) to hundred (100). Adjudicators consider the following components:
 - **Interpretation** **from one (1) to forty (40) points**
 - **Choreography** **from one (1) to twenty five (25) points**
 - **Synchronism** **from one (1) to twenty (20) points**
 - **Technique** **from one (1) to fifteen (15) points**
- 7.2 The parameter **Interpretation** is expressed by: dancers' ability to follow the **musical phrases and express them with their body motion**; ability to apply adequate movements, technical elements, supports and lifts in accordance with music; dancers' ability to transfer the meaning of the story and show expressiveness and emotions;
- 7.3 The parameter **Choreography** is expressed by: distribution of figures and movements in accordance with dance context, costumes and originality of music using the whole space with its horizontals, verticals and diagonals;
- 7.4 The parameter **Synchronism** is expressed by similarity of figures and body movements of all dancers (legs, shoulders and upper body);
- 7.5 The parameter **Technique** is expressed by: execution of the dance style/s, execution of figures, movements and technical elements (position, elegance, timing and balance), execution of lifts and supports and security while executing lifts and supports;
- 7.6 All dancers wearing vulgar and/or provocative costumes will be penalised. This rule applies to all categories with minor tolerance to the inferior ones.

8. BEHAVIOURAL NORMS FOR DANCERS

- 8.1** In order to present dance technique and choreography, a small-group should use the whole available space;
- 8.2** Small-group must not approach the Adjudicators while performing. In order to visualise dancers' space dance-floor will be appropriately marked;
- 8.3** Small-group's start number needs to be clearly visible;
- 8.4** Costumes need to be appropriate to music and choreography;
- 8.5** During Competition dancers are prohibited to chew chewing gum;
- 8.6** During Competition dancers **are strictly prohibited** to ask any explanations from the **Adjudicators** or the **Competition Director**.

9. BEHAVIOURAL NORMS FOR TEACHERS - GROUP LEADERS - TEAM/CLUB LEADERS

- 9.1** During Competition teachers, group leaders and team/club leaders **are strictly prohibited** to ask any explanations from the **Adjudicators**. All explanations, information or complaints may be discussed with the **Competition Director**, according to appropriate rules that concern execution of Competition.

SECTION 6

FANTASY SHOW FORMATION

(between eight (8) and twenty four (24) dancers)

1. INTRODUCTION

- 1.1 For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY.

2. FANTASY SHOW FORMATION

- 2.1 Formation is composed of minimum number of **eight (8)** and maximum number of **twenty four (24)** dancers.

3. AGE CATEGORIES

- 3.1 Age categories are divided as follows:
- **MINI:** All dancers from the age of six (6) to the age of nine (9) (defined by calendar year);
 - **YOUTH:** All dancers from the age of ten (10) to the age of thirteen (13) (defined by calendar year);
 - **JUNIOR:** All dancers from the age of fourteen (14) to the age of sixteen (16) (defined by calendar year);
 - **ADULT:** All dancers from the age of seventeen (17) (defined by calendar year);
- 3.2 Formations registered in Youth – Junior – Adult categories may include dancers from younger age group;
- 3.3 In the age category Mini there can be one (1) dancer who is ten (10) years old;
- 3.4 All clubs are allowed to nominate more than 1 (one) choreographed piece; one or more dancers may be nominated and perform both in small-groups and formations;
- 3.5 **One or more dancers are not allowed to be nominated and perform in two (2) or more small-groups;**
- 3.6 **One or more dancers are not allowed to be nominated and perform in 2 (two) or more formations.**

4. MUSIC DURATION

- 4.1 Duration of music pieces must be as follows:
- **MINI:** Track duration from 2'.30" to 4'.00"
 - **YOUTH:** Track duration from 2'.30" to 4'.00"
 - **JUNIOR:** Track duration from 2'.30" to 4'.00"
 - **ADULT:** Track duration from 2'.30" to 4'.00"
- 4.2 A formation uses its own music piece which must be in accordance with the following requirements:
- Recorded only and exclusively on CD;
 - Containing only 1 (one) good quality music piece on each CD;
 - In accordance with duration limits for each category; **no exceptions will be respected;**
 - Visibly exposing formation's: Start Number, Nationality, Name of a Club/School, Title of the Presentation, Duration, Discipline, Age and Dance Category.
- 4.3 In the case when music duration is not respected, the formation will be **immediately disqualified.**

5. EXECUTION OF COMPETITION

- 5.1 Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;
- 5.2 **Competition Director, whenever necessary**, applies modifications to execution of the Competition;
- 5.3 **Use of set (stage decorations), accessories and props is allowed, but not obligatory. The decorations need to be a part of the choreography. The decorations may not exceed the following dimensions: width 2,00m, height 2,50m and depth 1,00m.**
Dancers are obliged to set up their decorations on stage THEMSELVES with the possibility of one/two people to be helping them when leaving the stage.

6. CHARACTERISTICS

- 6.1 The choreographed piece may be composed of any of the existing dance genres as well as present imaginary movements (without use of particular dance technique);
- 6.2 Through their choreographed piece dancers should perform a story. The story should have its beginning and its end. It should also express dancers' emotions;
- 6.3 It is important so dancers dance 'in time'. It means that they follow the beats or the musical melody. It is allowed to include parts of the choreography without music accompaniment.
- 6.4 Dancers are allowed to execute acrobatic elements. There are no restrictions in terms of the acrobatic elements executed by Youth, Junior or Adult dancers. All acrobatic elements may be performed.
Dancers who participate in Mini age category are allowed to perform only the gymnastic and acrobatic elements described in the IDF Technical Booklet "Safety Level MINI". In the case when the rule is not respected, the formation will be immediately disqualified. Execution of acrobatic elements is optional and should not influence adjudication.
- 6.5 Supports and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the other partner's head;**

7. EVALUATION AND PENALTIES

- 7.1 Evaluation is expressed in points, from one (1) to hundred (100). Adjudicators consider the following components:
 - **Interpretation** **from one (1) to forty (40) points**
 - **Choreography** **from one (1) to twenty five (25) points**
 - **Synchronism** **from one (1) to twenty (20) points**
 - **Technique** **from one (1) to fifteen (15) points**
- 7.2 The parameter **Interpretation** is expressed by: dancers' ability to follow the **musical phrases and express them with their body motion**; ability to apply adequate movements, technical elements, supports and lifts in accordance with music; dancers' ability to transfer the meaning of the story and show expressiveness and emotions;
- 7.3 The parameter **Choreography** is expressed by: distribution of figures and movements in accordance with dance context, costumes and originality of music using the whole space with its horizontals, verticals and diagonals;
- 7.4 The parameter **Synchronism** is expressed by similarity of figures and body movements of all dancers (legs, shoulders and upper body);
- 7.5 The parameter **Technique** is expressed by: execution of the dance style/s, execution of figures, movements and technical elements (position, elegance, timing and balance), execution of lifts and supports and security while executing lifts and supports;
- 7.6 All dancers wearing vulgar and/or provocative costumes will be penalised. This rule applies to all categories with minor tolerance to the inferior ones.

8. BEHAVIOURAL NORMS FOR DANCERS

- 8.1** In order to present dance technique and choreography, a formation should use the whole available space;
- 8.2** Formation must not approach the Adjudicators while performing. In order to visualise dancers' space dance-floor will be appropriately marked;
- 8.3** Formation's start number needs to be clearly visible;
- 8.4** Costumes need to be appropriate to music and choreography;
- 8.5** During Competition dancers are prohibited to chew chewing gum;
- 8.6** During Competition dancers **are strictly prohibited** to ask any explanations from the **Adjudicators** or the **Competition Director**.

9. BEHAVIOURAL NORMS FOR TEACHERS - GROUP LEADERS TEAM/CLUB LEADERS

- 9.1** During Competition teachers, group leaders and team/club leaders **are strictly prohibited** to ask any explanations from the **Adjudicators**. All explanations, information or complaints may be discussed with the **Competition Director**, according to appropriate rules that concern execution of Competition.