



**INTERNATIONAL
DANCE
FEDERATION**

TECHNICAL RULES

**DISCIPLINE:
ELECTRIC**

SECTION 1

CATEGORIES:

- *ELECTRIC SOLO: (Male – Female)*
- *ELECTRIC COUPLE (two (2) dancers: one (1) Male and one (1) Female)*
- *ELECTRIC DUO (two (2) dancers: both Males or both Females)*

SECTION 2

ELECTRIC SOLO

(Solo Male – Solo Female)

1. INTRODUCTION

- 1.1 For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY.

2. AGE CATEGORIES

- 2.1 Age categories are divided as follows:
- **YOUTH:** All dancers from the age of ten (10) to the age of thirteen (13) (defined by calendar year);
 - **JUNIOR:** All dancers from the age of fourteen (14) to the age of sixteen (16) (defined by calendar year);
 - **ADULT:** All dancers from the age of seventeen (17) (defined by calendar year);
- 2.2 Dancer's age is considered with referral to the calendar year (1st January - 31st December). Dancer who participates in Ranking Competition that starts in October will be considered with referral to the following calendar year (which means 1 (one) year older);
- 2.3 Having reached the age limit for each category, dancers pass to the older category automatically.

3. MUSIC DURATION

- 3.1 Duration of music pieces must be as follows:

Preliminaries and Semi-finals (Federation Music)

- **YOUTH:** Track duration 1'.00"
- **JUNIOR:** Track duration 1'.00"
- **ADULT:** Track duration 1'.00"

Finals (Own Music)

- **YOUTH:** Track duration from 1'.00" to 1'.15"
- **JUNIOR:** Track duration from 1'.00" to 1'.15"
- **ADULT:** Track duration from 1'.00" to 1'.15"

- 3.2 In finals, dancers use their own music piece which must be in accordance with the following requirements:
- Recorded only and exclusively on CD;
 - Containing only 1 (one) good quality music piece on each CD;
 - In accordance with duration limits for each age category; **no exceptions will be respected;**
 - Visibly exposing dancer's: Start Number, Nationality, Name of a Club/School, Title of the Presentation, Duration, Name and Surname, Discipline, Age and Dance Category;
- 3.3 **Use of set (stage decorations), accessories and props is NOT allowed.** In the case the rule is not respected, a dancer will be immediately disqualified;
- 3.4 **Acrobatic Elements can be performed but do not influence adjudications;**
- 3.5 In the case when music duration is not respected, **a dancer will be immediately disqualified.**

4. EXECUTION OF COMPETITION

- 4.1 Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;
- 4.2 There can be no more than five (5) dancers performing on a dance-floor in preliminaries and no more than four (4) in semi-finals;
- 4.3 In the case when a dancer lacks his/her own music in a final Federation music will be used;
- 4.4 Competition Director, whenever necessary, may apply modifications to execution of the Competition.

5. EVALUATION AND PENALTIES

- 5.1 Evaluation is expressed in points, from one (1) to thirty (30). Adjudicators consider the following components:
 - **Interpretation** from one (1) to fifteen (15) points
 - **Technique** from one (1) to ten (10) points
 - **Choreography** from one (1) to five (5) points
- 5.2 The parameter **Interpretation** is expressed by: dancer's ability to follow the rhythm and musical melody and express them through his/her body motion as well as ability to apply adequate movements and technical elements in accordance with music;
- 5.3 The parameter **Technique** is expressed by: execution of movements in accordance with music pace, execution of technical elements, movements and figures (position, elegance, timing, balance and body control) as well as use of the whole personal and general space (in finals the whole dance-floor) with its horizontals, verticals and diagonals;
- 5.4 The parameter **Choreography** is expressed by: distribution of figures and movements in accordance to dance context, costumes and originality of music;
- 5.5 **Every mistake is penalised with the following deductions:**
 - **LOSS OF BALANCE** from zero (0) to five (5)
 - **FALL** from zero (0) to ten (10)
- 5.6 All dancers wearing vulgar and/or provocative costumes will be penalised. This rule applies to all categories with minor tolerance to the inferior ones.

6. BEHAVIOURAL NORMS FOR DANCERS

- 6.1 In order to present dance technique and choreography, a dancer is expected to use her/his own personal and general space;
- 6.2 Dancer must not approach the Adjudicators while performing. In order to visualise dancer's space dance-floor will be appropriately marked;
- 6.3 Dancer's start number needs to be clearly visible;
- 6.4 Costume needs to be appropriate to music and choreography;
- 6.5 During Competition dancers are prohibited to chew chewing gum;
- 6.6 During Competition dancers **are strictly prohibited** to ask any explanations from the **Adjudicators** or the **Competition Director**.

7. BEHAVIOURAL NORMS FOR TEACHERS - GROUP LEADERS - TEAM/CLUB LEADERS

- 7.1 During Competition teachers, group leaders and team/club leaders **are strictly prohibited** to ask any explanations from the **Adjudicators**. All explanations, information or complaints may be discussed with the **Competition Director**, according to appropriate rules that concern execution of Competition.

SECTION 3

ELECTRIC COUPLE (Male and Female)

1. INTRODUCTION

- 1.1 For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY.

2. ELECTRIC COUPLE

- 2.1 Electric Couple is composed of two (2) dancers where one (1) is male and the other one is female.

3. AGE CATEGORIES

- 3.1 Age categories are divided as follows:

- **YOUTH:** All dancers from the age of ten (**10**) to the age of thirteen (**13**) (defined by calendar year);
- **JUNIOR:** All dancers from the age of fourteen (**14**) to the age of sixteen (**16**) (defined by calendar year);
- **ADULT:** All dancers from the age of seventeen (**17**) (defined by calendar year);

- 3.2 Dancer's age is considered with referral to the calendar year (1st January - 31st December). Dancer who participates in Ranking Competition that starts in October will be considered with referral to the following calendar year (which means 1 (one) year older);

- 3.3 Having reached the age limit for each category, dancers pass to the older category automatically;

- 3.4 In the case of a couple from mixed age categories (eg. one (1) Youth and one (1) Junior), the couple must participate in the older category;

- 3.5 All dancers may only participate in one age category. However, they may participate in several dance categories (eg. couples/duos etc.).

4. MUSIC DURATION

- 4.1 Duration of music pieces must be as follows:

Preliminaries and Semi-finals (Federation Music)

- **YOUTH:** Track duration **1'.00"**
- **JUNIOR:** Track duration **1'.00"**
- **ADULT:** Track duration **1'.00"**

Finals (Own Music)

- **YOUTH:** Track duration from **1'.00"** to **1'.15"**
- **JUNIOR:** Track duration from **1'.00"** to **1'.15"**
- **ADULT:** Track duration from **1'.00"** to **1'.15"**

- 4.2 In finals**, a couple uses its own music piece which must be in accordance with the following requirements:
- Recorded only and exclusively on CD;
 - Containing only 1 (one) good quality music piece on each CD;
 - In accordance with duration limits for each age category; **no exceptions will be respected**;
 - Visibly exposing couple's: Start Number, Nationality, Name of a Club/School, Title of the Presentation, Duration, Names and Surnames, Discipline, Age and Dance Category.
- 4.3 Use of set (stage decorations), accessories and props is NOT allowed.** In case the rule is not respected, a couple will be immediately disqualified;
- 4.4 Acrobatic Elements can be performed but do not influence adjudications;**
- 4.5** In case music duration is not respected, a couple will be immediately disqualified.

5. EXECUTION OF COMPETITION

- 5.1** Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;
- 5.2** There can be no more than three (3) couples performing on a dance-floor in preliminaries and no more than two (2) in semi-finals;
- 5.3** In the case when a couple lacks its own music in a final Federation music will be used;
- 5.4** Competition Director, whenever necessary, may apply modifications to execution of the Competition.

6. EVALUATION AND PENALTIES

- 6.1** Evaluation is expressed in points, from one (1) to forty (40). Adjudicators consider the following components:
- **Interpretation** from one (1) to fifteen (15) points
 - **Technique** from one (1) to ten (10) points
 - **Synchronism** from one (1) to ten (10) points
 - **Choreography** from one (1) to five (5) points
- 6.2** The parameter **Interpretation** is expressed by: dancers' ability to follow the rhythm and musical melody and express them through their body motion as well as ability to apply adequate movements and technical elements in accordance with music;
- 6.3** The parameter **Technique** is expressed by: execution of movements in accordance with music pace, execution of technical elements, movements and figures (position, elegance, timing, balance and body control) as well as use of the whole personal and general space (in finals the whole dance-floor) with its horizontals, verticals and diagonals;
- 6.4** The parameter **Synchronism** is expressed by similarity of figures and body movements of both dancers (legs, shoulders and upper body);
- 6.5** The parameter **Choreography** is expressed by: distribution of figures and movements in accordance with dance context, costumes and originality of music;
- 6.6 Every mistake is penalised with the following deductions:**
- **LOSS OF BALANCE** from zero (0) to five (5)
 - **FALL** from zero (0) to ten (10)
- 6.7** All dancers wearing vulgar and/or provocative costumes will be penalised. This rule applies to all categories with minor tolerance to the inferior ones.

7. BEHAVIOURAL NORMS FOR DANCERS

- 7.1 In order to present dance technique and choreography, a couple is expected to use its own personal and general space;
- 7.2 Couple must not approach the Adjudicators while performing. In order to visualise dancers' space dance-floor will be appropriately marked;
- 7.3 Couple's start number needs to be clearly visible;
- 7.4 Costumes need to be appropriate to music and choreography;
- 7.5 During Competition dancers are prohibited to chew chewing gum;
- 7.6 During Competition dancers **are strictly prohibited** to ask any explanations from the **Adjudicators** or the **Competition Director**.

8. BEHAVIOURAL NORMS FOR TEACHERS - GROUP LEADERS - TEAM/CLUB LEADERS

- 8.1 During Competition teachers, group leaders and team/club leaders **are strictly prohibited** to ask any explanations from the **Adjudicators**. All explanations, information or complaints may be discussed with the **Competition Director**, according to appropriate rules that concern execution of Competition.

SECTION 4

ELECTRIC DUO

(Both Males or Both Females)

1. INTRODUCTION

- 1.1 For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY.

2. ELECTRIC DUO

- 2.1 **Electric Duo** is composed of two (2) dancers where both of them are males or both are females.

3. AGE CATEGORIES

- 3.1 Age categories are divided as follows:
- **YOUTH:** All dancers from the age of ten (**10**) to the age of thirteen (**13**) (defined by calendar year);
 - **JUNIOR:** All dancers from the age of fourteen (**14**) to the age of sixteen (**16**) (defined by calendar year);
 - **ADULT:** All dancers from the age of seventeen (**17**) (defined by calendar year);
- 3.2 Dancer's age is considered with referral to the calendar year (1st January - 31st December). Dancer who participates in Ranking Competition that starts in October will be considered with referral to the following calendar year (which means 1 (one) year older);
- 3.3 Having reached the age limit for each category, dancers pass to the older category automatically;
- 3.4 In the case of a duo from mixed age categories (eg. one (1) Youth and one (1) Junior), the duo must participate in the older category;
- 3.5 All dancers may only participate in one age category. However, they may participate in several dance categories (eg. couples/duos etc.)

4. MUSIC DURATION

- 4.1 Duration of music pieces must be as follows:

Preliminaries and Semi-finals (Federation Music)

- **YOUTH:** Track duration **1'.00"**
- **JUNIOR:** Track duration **1'.00"**
- **ADULT:** Track duration **1'.00"**

Finals (Own Music)

- **YOUTH:** Track duration from **1'.00"** to **1'.15"**
- **JUNIOR:** Track duration from **1'.00"** to **1'.15"**
- **ADULT:** Track duration from **1'.00"** to **1'.15"**

- 4.2 In **finals**, a duo uses its own music piece which must be in accordance with the following requirements:

- Recorded only and exclusively on CD;
- Containing only 1 (one) good quality music piece on each CD;
- In accordance with duration limits for each age category; **no exceptions will be respected**;
- Visibly exposing duo's: Start Number, Nationality, Name of a Club/School, Title of the Presentation, Duration, Names and Surnames, Discipline, Age and Dance Category;

- 4.3 **Use of set (stage decorations), accessories and props is NOT allowed.** In the case when the rule is not respected, a duo will be immediately disqualified;
- 4.4 **Acrobatic Elements can be performed but do not influence adjudications;**
- 4.5 In the case when music duration is not respected, a duo will be immediately disqualified.

5. EXECUTION OF COMPETITION

- 5.1 Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;
- 5.2 There can be no more than three (3) duos performing on a dance-floor in preliminaries and no more than two (2) in semi-finals;
- 5.3 In the case when a duo lacks its own music in a final Federation music will be used;
- 5.4 Competition Director, whenever necessary, may apply modifications to execution of the Competition.

6. EVALUATION AND PENALTIES

- 6.1 Evaluation is expressed in points, from one (1) to forty (40). Adjudicators consider the following components:
 - **Interpretation** from one (1) to fifteen (15) points
 - **Technique** from one (1) to ten (10) points
 - **Synchronism** from one (1) to ten (10) points
 - **Choreography** from one (1) to five (5) points
- 6.2 The parameter **Interpretation** is expressed by: dancers' ability to follow the rhythm and musical melody and express them through their body motion as well as ability to apply adequate movements and technical elements in accordance with music;
- 6.3 The parameter **Technique** is expressed by: execution of movements in accordance with music pace, execution of technical elements, movements and figures (position, elegance, timing, balance and body control) and use of the whole personal and general space (in finals the whole dance-floor) with its horizontals, verticals and diagonals;
- 6.4 The parameter **Synchronism** is expressed by similarity of figures and body movements of both dancers (legs, shoulders and upper body);
- 6.5 The parameter **Choreography** is expressed by: distribution of figures and movements in accordance with dance context, costumes and originality of music;
- 6.6 **Every mistake is penalised with the following deductions:**
 - **LOSS OF BALANCE** from zero (0) to five (5)
 - **FALL** from zero (0) to ten (10)
- 6.7 All dancers wearing vulgar and/or provocative costumes will be penalised. This rule applies to all categories with minor tolerance to the inferior ones.

7. BEHAVIOURAL NORMS FOR DANCERS

- 7.1 In order to present dance technique and choreography, a duo is expected to use its own personal and general space;
- 7.2 Duo must not approach the Adjudicators while performing. In order to visualise dancers' space dance-floor will be appropriately marked;
- 7.3 Duo's start number needs to be clearly visible;
- 7.4 Costumes need to be appropriate to music and choreography;
- 7.5 During Competition dancers are prohibited to chew chewing gum;
- 7.6 During Competition dancers **are strictly prohibited** to ask any explanations from the **Adjudicators** or the **Competition Director**.

8. BEHAVIOURAL NORMS FOR TEACHERS - GROUP LEADERS - TEAM/CLUB LEADERS

- 8.1** During Competition teachers, group leaders and team/club leaders **are strictly prohibited** to ask any explanations from the **Adjudicators**. All explanations, information or complaints may be discussed with the **Competition Director**, according to appropriate rules that concern execution of Competition.