INTERNATIONAL DANCE FEDERATION

TECHNICAL RULES

DISCIPLINE: BREAK DANCE BATTLE

TIPOLOGIES:

→ BREAK DANCE BATTLE 1 vs 1: Male or Female
→ BREAK DANCE BATTLE 2 vs 2: (2) dancers doesn’t matter Male or Female

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HISTORY OF BREAK DANCE

B-Boying or breaking, also called breakdancing, is a style of street dance that originated among Black and Puerto Rican youths in New York City during the early 1970s. The dance spread worldwide due to popularity in the media, especially in regions such as the United Kingdom, Japan, Germany, France, Russia and South Korea. While diverse in the amount of variation available in the dance, b-Boying consists of four kinds of movement: toprock, downrock, power moves, and freezes. B-Boying is typically danced to hip-hop, funk music, and especially breakbeats, although modern trends allow for much wider varieties of music along certain ranges of tempo and beat patterns. A practitioner of this dance is called a b-boy, b-girl, or breaker. Although the term "breakdance" is frequently used to refer to the dance, "b-Boying" and "breaking" are the original terms. These terms are preferred by the majority of the pioneers and most notable practitioners. The terminology used to refer to b-Boying (break-Boying) changed after promotion by the mainstream media. Although widespread, the term "breakdancing" is looked down upon by those immersed in hip-hop culture. Purists consider "breakdancing" an ignorant term invented by the media that connotes exploitation of the art is used to sensationalize breaking. The term "breakdancing" is also problematic because it has become a diluted umbrella term that incorrectly includes popping, locking, and electric boogaloo, which are not styles of "breakdance", but are funk styles that were developed separately from breaking in California. The dance itself is properly called "breaking" according to rappers such as KRS-One, Talib Kweli, Mos Def, and Darryl McDaniels of Run-DMC. The terms "b-boy" (break-boy), "b-girl" (break-girl), and "breaker" are the original terms used to describe the dancers. The original terms arose to describe the dancers who performed to DJ Kool Herc’s breakbeats. DJ Kool Herc is a Jamaican-American DJ who is responsible for developing the foundational aspects of hip-hop music. The obvious connection of the term "breaking" is to the word "breakbeat", but DJ Kool Herc has commented that the term "breaking" was slang at the time for "getting excited", "acting energetically" or "causing a disturbance". Most breaking pioneers and practitioners prefer the terms "b-boy", "b-girl", and/or "breaker" when referring to these dancers. For those immersed in hip-hop culture, the term "breakdancer" may be used to disparage those who learn the dance for personal gain rather than for commitment to the culture. B-boy London of the New York City Breakers and filmmaker Michael Holman refer to these dancers as "breakers". Frosty Freeze of the Rock Steady Crew says, "we were known as b-boys", and hip-hop pioneer Afrika Bambaataa says, "b-boys, [are] what you call break boys... or b-girls, what you call break girls. In addition, co-founder of Rock Steady Crew Santiago "Jo Jo" Torres, Rock Steady Crew member Marc "Mr. Freeze" Lemberger, hip-hop historian Fab 5 Freddy, and rappers Big Daddy Kane and Tech N9ne use the term "b-boy".

Dancer shows his/her preparation through execution of the choreographed piece that should not be a sequence of micro-movements without coordination but a smooth sequence of both fluid, fast and coordinated steps supported with good technique, body motion expressiveness and a proper costume.
COMMON RULES

For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY.

Dancer’s age is considered with referral to the calendar year (1st January - 31st December). Dancer who participates in Ranking Competition that starts in October will be considered with referral to the following calendar year (which means one (1) year older) and age category are divided as follow:

 ✓ NEW GENERATION: All dancers to the age of eleven (11) (defined by calendar year) (only 1 vs 1);
 ✓ RISING STARS: All dancers from the age of twelve (12) to the age of fifteen (15) (defined by calendar year) (only 1 vs 1);
 ✓ STARS: All dancers OF ANY age (1 Vs 1 - 2 Vs 2);

The DJ - Music is used exclusively. Duration of music pieces 40-60 SECONDS TO EACH PERSON.

The contest takes place in two rounds.

 ✓ Round 1 - Qualifying (Selection): dancers are selected to participate in the battles. Everyone makes one performance (30-40 seconds) solo.
 ✓ Round 2 - Battles: by a random draw determined opponents and battles on the go out.

Precondition - correct behavior! Touch of opponents and abusive gestures are prohibited. For violation of this condition - immediate disqualification. The organizers reserve the right to host the qualifying rounds at its discretion.

Depending on number of participants, each category would have one or more SELECTIONS;

✓ NO Choreographic composition BUT ONLY IMPROVISATION pieces of dance should be used in Break Dance style;
✓ Choreography pieces (on 2 vs 2) can be used in interactions.
✓ Competition Director, whenever necessary, applies modifications to execution of the Competition;
✓ All dancers wearing vulgar and/or provocative costumes will be penalised. This rule applies to all categories with minor tolerance to the inferior ones.
✓ During Competition teachers, group leaders and team/club leaders are strictly prohibited to ask any explanations from the Adjudicators. All explanations, information or complaints may be discussed with the Competition Director, according to appropriate rules that concern execution of Competition.